

**Nina Geiker****Education**

PhD, University of Copenhagen and Copenhagen University Hospital Gentofte, 2013

MSc. Human Nutrition, IHE, University of Copenhagen, 2008

BSc. Nutrition- and Home Economist, Suhrs Seminarium, 2002

**Occupational experience**

Post.Doc. Nutritional Research Unit, EFFECT, Copenhagen University Hospital Herlev, feb 2013- present

PhD student, Dept. Clinical Nutrition, Copenhagen University Hospital Gentofte, Jan. 2009-Dec. 2012

Research assistant, Dept. Clinical Nutrition, Copenhagen University Hospital Gentofte, Nov. 2008-Dec. 2008

Nutritional counselling, Lundekollektivet, Oct. 2003-Nov. 2004

Nutritional teaching, Alkoholbehandlingen i Gilleleje, Sept. 2003-Jan. 2005

Management and sales, Blomstertorvet Helsingør, Aug. 2003-Aug. 2004

Nutritional teaching, Frederiksborg Amts Misbrugsambulatorium, April 2003-Oct. 2006

Managing kitchen and preparation of food, public childcare institution, May. 2002-Dec. 2002

**Publications**

- **Geiker NRW**, Myint KS, Heck P, Dhatariya K, Larsen SH, Andersen MR, Stender S, Torp-Pedersen C, Finer N, Astrup A. Intentional weight loss improved performance in obese ischaemic heart patients: A two centre intervention trial. *J J Food Nutri* 2014;1(1):003.
- Astrup A, Raben A, **Geiker NRW**. The role of higher protein diets in weight control and obesity-related comorbidities. *Int J Obes (Lond)*. 2014 Dec 26. doi: 10.1038/ijo.2014.216. [Epub ahead of print]
- **Geiker NRW**, Jensen P, Zachariae C *et al*. Effect of weight loss on the severity of psoriasis: one year follow-up. T5: S41.04. *Obesity Reviews* 2014;15 (Suppl. 2): 170–171
- Jensen P, Zachariae C, Christensen R, **Geiker NRW**, Schaadt BK, Stender S; Astrup A, Hansen PR, Skov L. Effect of weight loss on the cardiovascular risk profile of obese patients with psoriasis. *Acta Dermato-Venereologica* 2014;94: doi: 10.2340/00015555-1824.
- Astrup A & **Geiker NRW**. Efficacy of higher protein diets for long-term weight control. How to assess quality of randomized controlled trials? *Nutr Metab Cardiovasc Dis*. 2014 Mar;24(3):220-3. doi: 10.1016/j.numecd.2014.02.003. Epub 2014 Feb 12.
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- **Geiker NRW**, Larsen SH, Stender S, Astrup A. Nutritional screening: Phlebotomist rounds to collect lifestyle factors in newly hospitalized patients; results available in laboratory reports. A feasibility trial. *eSPEN* 2012. doi.org/10.1016/j.clnme.2012.10.001.
- **Geiker NRW**, Larsen SH, Stender S, Astrup A. Poor performance of mandatory nutritional screening of in-hospital patients. *Clin Nutr* 22 April 2012. [Epub ahead of print] doi:10.1016/j.clnu.2012.03.006.
- **Geiker NRW**, Larsen R, Hansen M, Jørgensen NR, Jakobsen J, Hansen BS, Bügel SH. Prevalence of Vitamin D insufficiency and muscle function among Danish adolescents and young swimmers. To be submitted to *Scandinavian journal of medicine and science in sports*.
- Astrup A, Mikkelsen MG, **Geiker NRW**, Larsen SMH, Sørensen LB, Andersen MR, Torp-Pedersen C. Improvements in functional status in heart failure patients by diet-induced weight loss. Poster at European Congress of Obesity, Lyon May 2012.
- Larsson LK, **Geiker NRW**, Jensen P, Zachariae C, Astrup A, Skov L. Weight loss and skin manifestations in overweight and obese patients with psoriasis – a controlled randomized cross-over study. *Obesity Reviews* 2011;12(suppl. 1):205.
- **Geiker NRW**, Larsen SH, Stender S, Astrup A. A critical assessment of validity of scales and stadiometers in a Danish hospital setting. *Obesity Reviews* 2010;1(suppl. 1):333.
- **Geiker NRW**, Jensen P, Larsson LK, Zachariae C, Astrup A, Skov L. Weight loss and skin manifestations in obese patients with psoriasis. *Obesity Reviews* 2010;1(suppl. 1):200.
- **Geiker NRW** & Larsen R. Spis nok D-vitamin og tag flere armbøjninger PULS, 2007;08:28-29.