

CV – Josephine Gade

Ph.D. Student, Clinical Nutrition Research Unit

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Work experience

- 2009 – **Department of Food Science, sensory science KU** – In the tasting panel as a sensory assessor.
- 2014 – 2015 **The Danish Cancer Society** – Voluntary work, preventive campaigns.
- Voluntary leader – Member of RUA: Røgfri Unge og Alkohol Udvalget (Smoke Free Youth and Alcohol Committee).
- 2014 **Herlev Hospital: EFFECT, Nutrition Research Unit** – Research assistant - 9 months fixed term position working on a study examining the effect of home delivered meals on quality of life, among other, in outpatients suffering from lung cancer.
- 2012 **Herlev Hospital, 10 weeks internship** – Part of a masters course.
- Followed doctors and clinical dieticians and performed research related activities.

Education

- 2011-2013 **MSc Clinical Nutrition** – Copenhagen University, Department of Nutrition, Exercise and Sports.
Master's thesis: "A Randomized, Controlled Trial, investigating the Effect of Preoperative Oral Immunonutrition on Complications and Length of Hospital stay after Elective Surgery for Pancreatic Cancer" (executed at Rigshospitalet).
- 2008-2011 **BSc Food Science** – Copenhagen University, Department of Nutrition, Exercise and Sports.
Bachelor project: "β-glycans and Their Effect on Energy Balance".
- 2007-2008 **Limestone College, South Carolina, USA**
- Scholarship student: Fine Arts Scholarship and Women's Tennis Scholarship
 - Accepted to the Honor's program
 - President's Award for high grade point average
 - Received recognition for "Outstanding student in inorganic Chemistry"
- 2004-2007 **Upper-secondary School, Birkerød**

Educational courses and certification

- 2014 **Course: Project Management – Ledernes Kompetence Center** (6 week course)
- 2014 **Certification: PRINCE2 Foundation.** Provider: Peak Consulting Group
- 2014 **Course: The good fund application for beginners.** Organizer: The Unit for Research and Innovation, the Capital Region
- 2014 **Course: Smart tips & tricks in Excel 2010.** Organizer: The IEF Fund (Fonden Danske Ingeniørers Efteruddannelse) and Jelgren Consult
- 2014 **Courses taken at The Danish Cancer Society**
- Volunteer management course (2 days): Management of volunteers
 - Sun exposure dissemination course
 - Quit Smoking Event course
 - Tobacco dissemination course

2014 **Course: Motivation of project participants and project groups.** Teacher: Henning Schmidt-Petersen. Organizer: IDA lederforum Hovedstaden

2003-2004 **Course: Tennis Coach:** The Danish Tennis Union – Tennis club Coach 1-3

Publications and other scientific dissemination

Article: Gade J, Levring T, Hillingsø J, Hansen P.C, Andersen J.R. Randomized, Controlled Trial Investigating the Effect of Preoperative Oral Immunonutrition on Complications and Length of Hospital Stay after Elective Surgery for Pancreatic Cancer. *Nutrition and Cancer – accepted – awaits publication*

Abstract: Gade J, Levring T, Hillingsø J, Hansen P.C, Andersen J.R. Randomized, Controlled Trial Investigating the Effect of Preoperative Oral Immunonutrition on Complications and Length of Hospital Stay after Elective Surgery for Pancreatic Cancer. *Clinical Nutrition* 2014 Sep., Suppl. 1, Vol.33, p. 165.

Invited speaks:

2014 Oral presentation: Theme of the day: 'Nutrition and quality of life' – Organized by DSKE, The Danish Society for Clinical Nutrition. Viby 23/9-2014. Presentation of the research project RUMLE – Food delivery for patients diagnosed with lung cancer – EFFECT, Nutrition Research Unit, Herlev Hospital.

Congress presentations:

2014 Poster presentation: A day in the name of science (Forskningens dag) 24/10-2014, Herlev University Hospital. Oral presentation of the research project RUMLE – Food delivery for patients diagnosed with lung cancer – EFFECT, Nutrition Research Unit, Herlev Hospital.

2014 Poster: 36th ESPEN Congress, Geneva, Switzerland, 6-9/9-2014. Presentation of the research project 'Randomized, Controlled Trial Investigating the Effect of Preoperative Oral Immunonutrition on Complications and Length of Hospital Stay after Elective Surgery for Pancreatic Cancer'. Design of the poster, but not present in person. Representative for the University of Copenhagen.

Private

I live with my husband Rasmus. We are the proud parents of Filippa, who was born in February 2015. I am a former elite tennis player, and I still live an active lifestyle. I spend a lot of time with friends and family, and I love to travel, to cook, and read a good book.